



CHOCOLATE PB FUDGE

TWO INGREDIENT TAKEOVER!

Fudge doesn't get much easier than 2 ingredients! Use dairy free chocolate chips for a vegan option.



INGREDIENTS

- 1 12 oz bag (285g) chocolate chips (dairy free works great!)
- $\frac{2}{3}$ cup (165g) creamy peanut butter

PROCEDURE

- Melt the peanut butter in a medium sauce pan over low heat, stirring continuously.
- Add the chocolate chips and continue to stir until everything is melted and smooth.
- Line an 8x8 baking dish with plastic wrap, foil, or parchment paper, and pour the mixture into the dish.
- Transfer to the fridge and allow to chill for 4 hours or overnight.
- Cut into squares and enjoy! (I cut mine block into 10x10 to yield 100 squares).

NUTRITION per square (yields 100):
27 calories | 2g carbs | 2g fat | 0g protein



mind over munch
[YouTube.com/mindovermunch](https://www.youtube.com/mindovermunch)
▶ Watch this video!